How Covid-19 Changed Society
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In March of 2020, the lives of all Canadians changed. There was a global pandemic caused by COVID-19, a deadly virus, which necessitated a social lockdown. To prevent the spread of the virus, Canadians were restricted from many of their daily activities including gathering with others. The coronavirus has had a major impact on every person's social life because it caused businesses to close, schools to shift to online learning, and restrictions on family gatherings.

One of the main methods of socializing for adults is interacting in the workplace. However, during the state of emergency, many people were told to work from home. This meant people could not have face-to-face discussions, meetings, group lunches, or hallway conversations. Instead, people were forced to discuss ideas over a video conference. This was a dramatic change in social interaction for adults. Time for socializing is vital for adults in the workplace because it can generate ideas, provide stress relief, and improve relationships between colleagues. The COVID-19 pandemic took away the social part of work.

At the start of the pandemic, all schools were closed and required to switch to online learning. Since school is a major place for children to interact, this prevented children from socializing. For example, in terms of school social life, kids play at recess, talk during lunch, and work on group projects. When classes switched to an online format, there was no recess, no lunch conversations, and no group work. All social aspects of school were gone. Instead, now that children were online for most of the day, without any group activities, many started socializing through video games, video chats, and social media. Unfortunately, many also started spending large amounts of time alone with electronic devices. The coronavirus left children feeling isolated, and in some cases, depressed.

During the COVID-19 outbreak, families could not socialize with others due to lockdown measures. When families get together, they have fun, and that creates happiness. Fun things that families missed during the COVID-19 lockdown, included holiday gatherings, birthdays, weddings, outdoor activities, and parties. These special events bring family members joy, build relationships, and make life memorable. In many cases, when families lost their socializing privileges, they appreciated their family more and became closer. They needed to depend on their immediate family for socializing.

In conclusion, the coronavirus pandemic of 2019 destroyed the social aspect of life in work, school, and family get-togethers. Although, it was difficult for people to follow the social distancing regulations, most understood that it was a necessity to stop the spread of the virus.